

Youth Mentoring Match Support Guide



Children's Friend and Family Services

Volunteer Youth Mentoring Program
Match Support Guide, 2017

Table of Contents

Using the Match Support Guide	1
Updating our Program Design	1
“Let the Good Times Roll” Match Opportunity Wheel	2
Using the Wheel	2
“Let the Good Times Roll” Wheel Template,	3
48 Free and Low-Cost Things To-Do	4
10 Principles of Effective Mentoring	5
Recommended Reading for Mentors Who Love to Learn	7
Volunteer	
Opportunities.....	9
Library	
Passes.....	
....	16
Hiking	
Trails.....	
.....	24
Bowling	
Allies.....	
..	25
Mini	
Golf.....	
.....	25
Yoga.....	
.....	25
Escape	
Rooms.....	
....	26
Weird	
Museums.....	
...	27
Pick Your Own	
Fruit.....	32
Farmers	
Market.....	
.	33

Winter	
Fun.....	35
Online Resources	37
Program Membership	38

Using the Match Support Guide

We created this guide for you, the mentor, to feel as supported as possible. We are so grateful that you have decided to share your time, talents, and attention to our program and your mentee(s). We encourage you to use this guide as a helpful support, but to remember that you should always feel free to contact Children’s Friends for help and encouragement. Never hesitate to reach out to Samantha Alves, Director of Youth Mentoring at 978-744-7905 ext 1528 or salves@childrensfriend.net.

Updating our Program Design

The vision of the Children’s Friend and Family Services Youth Mentoring Program is, “to establish positive, healthy, and productive mentoring matches that will enhance the young person’s social, emotional, and educational outcomes.” Part of pursuing this vision in our program design was a 2014 launch of a new mentoring pilot, “Let the Good Times Roll” Match Wheel to encourage diverse experiences. Best practice research encourages matches to be based in fun, engaging, and diverse events. This pilot, explained more fully on the following page, will help you, the mentor, build a relationship with your mentee that touch the event benchmarks such as new places, healthy and active fun, art and creativity, civic engagement, cultural new worlds, community membership, education, and new places. Throughout this guide, there will be examples of match events that will touch each of the listed benchmarks.

Outside of the “Let the Good Times Roll” Match Wheel pilot, there are examples of icebreaking conversation topics; general tips to being a strong mentor; external literary and online resources; a calendar of important dates; and other relevant support.



Happy Mentoring!

“Let the Good Times Roll” Match Opportunity Wheel

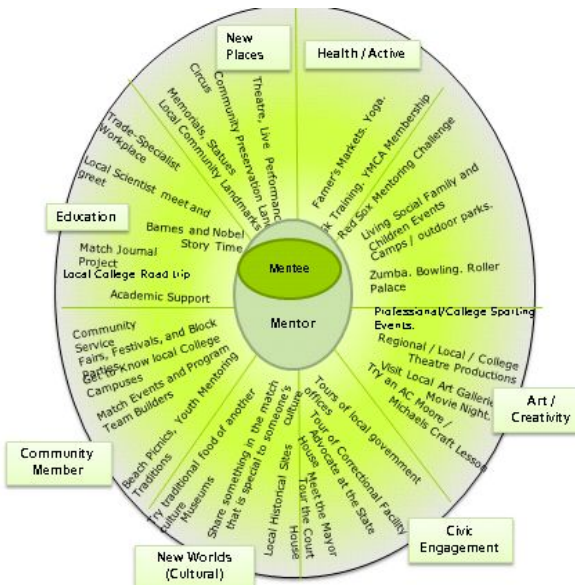
A wheel has important parts to it, to make sure it is evenly supported and strong. Spokes are the secure connectors between the center of the wheel and its’ outer rim. A match, activities, and the match experience is a lot like a wheel. We are launching “The Wheel” to promote well-balanced youth development. Mentors and mentees will be encouraged to try new activities and opportunities on the North Shore. This pilot will help the young people to develop healthy, social-emotional skills as they learn from our local, North Shore community members. Learning about new places; health and physical activity; civic and community engagement; arts and culture; and education will help match commitments grow and open new roads for the mentee.



Using the Wheel

With every weekly match meeting and monthly program-wide match

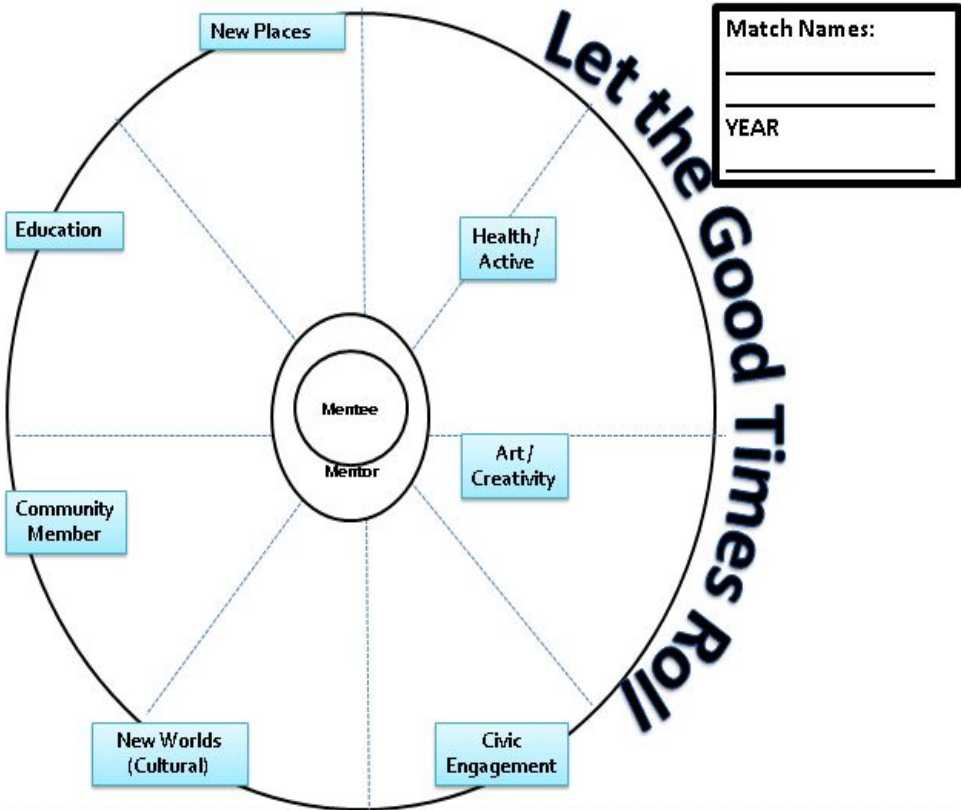
event, the participants of the pilot will be encouraged to fill in their match wheel diagram with a description of their recent activity. As the activities become more diverse, their match wheel will have more “spokes” of experiences. For the mentees, these experiences reflect new opportunities for self



exploration, empowerment, and guidance, all within the unique lens of community.

“Let the Good Times Roll” Wheel Template,
Fill It Up!

You are encouraged to log the big things and the little things...conversations, places, events, anything that you have shared to bring diversity and fun to your match relationship(s)! Have our monthly match events and your individual weekly meetings in it! Your Wheel is for YOUR MATCH. At the end of the year, our Youth



48 Free and Low-Cost Things To-Do

Set match goals	Bake	Go to a Yard Sale	Refinish furniture	Plant seedlings	Shoot some hoops
Go collect beach glass	Attend a community concert	Talk about traveling	Play Chess	Go for a drive and listen to music	Go to a free local farm
Cook a meal	Go to the library	Visit a College	Train for a 5k	Volunteer at a soup kitchen	Visit the YMCA
Go for a hike	Learn to write a thank-you note	Set up a visit at a police or fire station	Do school work together	Make up your own board game	Visit an art gallery
Watch a sports game	Go fishing	Play mini golf	Get an Ice cream	Go for a bike ride	Go to a local craft fair
Try a new art project	Play catch	Visit a mentor's friend's work, learn about their job	Visit a Museum	Learn how to knit, crochet, or sew	Paint, build, or fix something
Make a sand castle	Have a picnic	Fly a kite	Play Frisbee	Do a home manicure	Read a book together
Do an at-home science project	Talk about college or vocational schools	Learn about the history of your local town	Volunteer at an animal shelter	Write a poem together	Learn how to skip rocks

10 Principles of Effective Mentoring

1. **Be a Friend-** Try not to act like a parent, to preach about values, or to be overly authoritative. Your role as a mentor is sort of like a friend, peer, or helpful neighbor.
2. **Have Realistic Goals and Expectations-** Focus on your mentee's "whole person" not just school or behavioral goals. Center your goals on building a relationship and trust. Emphasize your relationship over performance and school success. The mentee needs to know you are there through thick and thin.
3. **Have fun together-** Many mentees have few opportunities for one-on-one time and special fun. Allowing the mentee to have fun at the beginning as a focus on your time together will help build trust for sharing more serious things later. It's always possible to weave life learning into fun.
4. **Give your mentee voice and choice in deciding on activities-**It can be hard to invent things to do, so try not to leave that up to your mentee. Give them a few options and be supportive in their choices. Make a list of things to do together, check them off one by one.
5. **Be Positive-** Be frequent and consistent in praise, many mentees are troubled or simply not given enough positive support. There are many ways to say, "You're Great" such as: Terrific, Great idea, You did an awesome job, I'm proud of you, You are a fast learner, Nice going, Keep trying-you'll get it, I know what you mean.
6. **Let your mentee have most of the control over what and how you talk about things** – It's important to respect the early limits the youth places on how much they want to reveal about themselves. As they get to know you and you share more fun and diverse activities, they are likely to open up and talk more. It is important not to dig or push. Be direct with your mentee and tell them you will not judge them. If you're struggling with something to talk about, talk about past activities you've done together, or things you like to do.
7. **Listen-**Just listening to whatever your mentee wants to share allows the mentee a chance to vent and lets them know that you can disclose personal matters to you without fear of being criticized. When you listen, the mentee will begin to see you as more of a friend and less of an authority figure.

8. **Respect the trust your mentee places in you**-When your mentee does open up, try not to lecture. Try to be a strong sounding board of ideas and give concrete supportive responses. Respond to your mentee in ways that shows you see your mentee's side of things and that you are trying to understand from their perspective. Try not to give too much advice, but to be a sounding board and a cheerleader for positive things.
9. **Remember that your relationship is with the youth, not the youth's parent**- Many mentors find that during the pick up/drop off time of your visit, the interactions with parents can be a challenge to establish and maintain appropriate boundaries between themselves and the family. Be friendly and polite; maintain cordial but distant contact with the mentee's family. Keep your conversations focused on the things you and your mentee plan to do or have done together, try to not indulge too much in the parent's over-sharing or dependence. You are not another family member or parent; you are not a taxi service or a babysitter. You are a mentor for the mentee.
10. **Remember that you are responsible for building the relationship**- Building a relationship cannot be rushed. During the early period, when you and your mentee are getting to know one another, you may have to be particularly patient and persistent as you work to establish the foundation of your meaningful friendship, one that could ultimately help lead to positive changes in your mentee's life. At first, the relationship might seem one-sided-you might feel like you are putting out all the effort while your mentee seems passive or indifferent. Remember that this is the time when young people are going to be shy and reticent, because they don't know you yet. Try to take responsibility for making and maintaining contact with your mentee early on.

Recommended Reading for Mentors Who Love to Learn

Stand by Me: The Risks and Rewards of Mentoring Today's Youth **

Jean E. Rhodes

In this provocative, thoroughly researched, and lucidly written book, Rhodes offers readers the benefits of the latest findings in this burgeoning field, including those from her own extensive, groundbreaking studies.

The Mentor's Field Guide: Answers You need to Help Kids Succeed**

Gail Manza and Susan K. Patrick

Using a straightforward question-and-answer format, it addresses basic but vital issues: how and why mentoring works; how to respond to common issues that come up in the mentoring relationships (like bullying); to tough issues, like alcohol or drug use, depression, or family problems; and to the challenge of helping young people develop the skills they need to claim their dreams.

Raising Cain: Protecting the Emotional Life of Boys**

Dan Kindlon and Michael Thompson

In this book, Kindlon and Thompson, two of the country's leading child psychologists, share what they have learned in more than thirty-five years of combined experience working with boys and their families. They reveal a nation of boys who are hurting- sad, afraid, angry, and silent. They illuminate the forces that threaten boys, teaching them to believe that "cool" equals macho strength and stoicism. Cutting through outdated theories and the authors shed light on the destructive emotional training out boys receive the emotional mis-education of boys. They identify the social and emotional challenges that boys encounter in school and show how parents can help boys cultivate emotional awareness and empathy- giving them the vital connection and support they need to navigate social pressures in youth.

104 Activities that Build: Self-esteem, Team Work, Communication, Anger Management, Self-Discovery, Coping Skills**

Alanna Jones

Formerly titled The Wrecking Ball, this popular book makes teaching and learning by laying games a simple and fun experience for everyone.

Salsa, Soul, and Spirit: Leadership for a Multicultural Age, New Approaches to Leadership from Latino, Black, and American Indian Communities_ (*owned personally by Samantha, willing to loan)

Discusses the importance of looking at other cultures for the wisdom of their leadership practices. Many of these cultures have roots that pre-date western leadership models and offer a rich foundation of knowledge that can enhance leadership styles. A great re-framing book for embracing diversity in leadership.

The Kindness of Strangers: Adult Mentors, Urban Youth, and the New Voluntarism

Marc Freedman

Based on interviews with over 300 mentors, young people, scholars, and youth workers, The Kindness of Strangers takes a hard look at mentoring and asks some critical questions: How much can mentoring really accomplish? What does it take to be a successful mentor? What makes the difference between an effective program and one fraught with difficulties? Marc Freedman brings experience, research, and realism to these questions in an effort to present the truth about the mentoring movement sweeping America today.

Common Sense Mentoring - Insights and Answers for Mentors and Mentees

Larry Ambrose

Common Sense Mentoring is a different kind of mentoring book. It is a treasure chest of solid-gold insights, hints and solutions mined over 20 years of guiding mentors and mentees through one of life's most rewarding experiences.

Volunteer Opportunities

Volunteer Activity Genre :	Food: Soup Kitchen
Best for ages:	Any
Best Contact Person / contact information (phone and email):	Sign up online http://www.takethemameal.com/meals.php?t=XUII8045 Meal Coordinator: Laura Kurth 6173787844
Summary of volunteerism activity:	Make a meal/dessert and donate it to the homeless
Address:	The United Methodist Church, 2 Dane Street, Beverly, MA 01915
Parking information:	
Website for organization :	Takethemameal.com

Volunteer Activity Genre:	Food/ Thrift Store: Beverly Bootstraps
Best for ages:	Any
Best Contact Person / contact information (phone and email):	Volunteer Coordinator at 978-927-1561. Tyler Maclay tyler@foodpantry.org
Summary of volunteerism activity:	Options could include hanging posters for upcoming events, sorting and packing school supplies, organizing holiday gifts, etc.
Address:	Office and Services: 35 Park St, Beverly, MA 01915 Thrift Shop: 198 Rantoul Street Beverly, MA 01915
Parking information:	

Website for organization:	http://www.beverlybootstraps.org/
Volunteer Activity Genre:	Food/Thrift Store: Life Bridge
Best for ages:	Any
Best Contact Person / contact information (phone and email):	Food: Karen Andrews k.andrews@lifebridgesalem.org 978-744-0500 Thrift Store: Ann Richardson a.richardson@lifebridgesalem.org 978-745-2459
Summary of volunteerism activity:	Food: Groups can volunteer to cook a meal, lunch or dinner, once a month or even once a year. Thrift Store: Helpers needed to sort and hang clothing donations, move larger donations such as furniture, and direct customers to appropriate staff members.
Address:	Food: 56 Margin St., Salem MA 01970 Thrift Store: 47 Canal Street Salem MA 01970
Parking information:	Street Parking
Website for organization:	http://www.lifebridgesalem.org/

Volunteer Activity Genre:	Food: Pantries
Best for ages:	Any
Best Contact Person / contact information (phone and email):	n/a
Summary of volunteerism activity:	Check out this link to see local food pantries to volunteer at
Address:	n/a

Parking information:	n/a
Website for organization:	http://www.foodpantries.org/st/massachusetts
Volunteer Activity Genre:	Gardening
Best for ages:	Any
Best Contact Person / contact information (phone and email):	Sandi Power at itstip@yahoo.com
Summary of volunteerism activity:	Garden at the Emmerton House
Address:	12 Hawthorne Blvd, Salem, MA 01970
Parking information:	
Website for organization:	http://womansfriendsociety.org/get-involved/

Volunteer Activity Genre:	Elderly
Best for ages:	any
Best Contact Person / contact information (phone and email):	http://www.mass.gov/elders/docs/shine-by-town.pdf
Summary of volunteerism activity:	All council of aging's look for volunteers to help out with bingo, café, computer room, serving, pen pal, etc.
Address:	
Parking information:	
Website for organization:	http://www.mass.gov/elders/service-orgs-advocates/coa/

Volunteer Activity Genre:	Environment
Best for ages:	any
Best Contact Person / contact information (phone and email):	n/a
Summary of volunteerism activity:	Ice Watch: choose a location to observe over the winter, like a nearby lake, bay, or river. record your observations. report your observations to us via mail or email. Help track how our ecosystems are reacting to change.
Address:	n/a
Parking information:	n/a
Website for organization:	http://www.natureabounds.org/IceWatch_USA.html

Volunteer Activity Genre:	Environment
Best for ages:	any
Best Contact Person / contact information (phone and email)	n/a

Summary of volunteerism activity:	Watch the Wild: choose a location to observe, whether it be your backyard, a local park, your favorite beach spot, or an area that you visit or hike in regularly. record your observations and report your observations to us <u>online</u> , via mail, or email.
Address:	n/a
Parking information:	n/a
Website for organization	http://www.natureabounds.org/Watch_the_Wild.html

Volunteer Activity Genre:	Animals: The Merrimack River Feline Rescue Society
Best for ages:	Any
Best Contact Person / contact information (phone and email)	volunteers@mrfrs.org
Summary of volunteerism activity:	<p>Make toys to donate to the animal shelter (many shelters accept these toys call one in your area to donate to)</p> <p>-http://mrfrs.org/MRFRS_Redesign/wp-content/uploads/2012/07/INSTRUCTIONS-FOR-MAKING-MRFRS-CAT-BEDS.pdf</p> <p>-http://mrfrs.org/MRFRS_Redesign/wp-content/uploads/2012/07/TUMBLES.pdf</p> <p>-http://mrfrs.org/MRFRS_Redesign/wp-content/uploads/2012/07/KICKERS.pdf</p> <p>-</p> <p>http://mrfrs.org/MRFRS_Redesign/wp-content/uploads/2013/10/Other-Ways-to-Help.pdf</p>
Address:	63 Elm St Route 110 Salisbury, MA
Parking information:	

Website for organization	Mrfrs.org
--------------------------	-----------

Volunteer Activity Genre:	Animals: Service Dog Project
Best for ages:	Any
Best Contact Person / contact information (phone and email):	Charlene info@servicedogproject.org
Summary of volunteerism activity:	Read to service dogs, feed/walk dogs
Address:	37 Boxford Road, Ipswich, MA
Parking information:	
Website for organization:	https://www.servicedogproject.org/
Volunteer Activity Genre:	Animals: Nevins Farm MSPCA
Best for ages:	6+
Best Contact Person / contact information (phone and email):	methuen@mspca.org
Summary of volunteerism activity:	<p>-Junior Volunteer Program: age 11-15. Tues/Thurs 3-5 some Sat 9-11. Activities will include a combination of animal care chores as well as support chores. \$15 mandatory donation per visit</p> <p>-Reading Program: age 6-10. 1st Sunday of Month 11am-12pm Sept-May. Read to cat, dog, rabbit.</p> <p>-Self-Guided Tour: Tues-Fri 12-5, Sat&Sun 12-4</p>

Address:	400 Broadway, Methuen, MA 01844
Parking information:	
Website for organization:	https://www.mspca.org/adoption-centers/nevins-farm-adoption-center/

Volunteer Activity Genre:	Habitat for Humanity
Best for ages:	16+
Best Contact Person / contact information (phone and email):	Lynn area: prestond@comcast.net Lawrence area: info@merrimackvalleyhabitat.org
Summary of volunteerism activity:	Volunteers perform a huge range of tasks, depending on the stage of construction. On the day you volunteer you could be assisting with interior demolition, framing, porch building, installing windows, insulating, tiling, sheetrocking, painting, siding, landscaping, site clean up or anything else that helps get the house built and ready for occupancy.
Address:	
Parking information:	
Website for organization:	http://www.habitat.org/

Volunteer Activity Genre:	Community Giving Tree
Best for ages:	Any
Best Contact Person / contact information (phone and email):	http://communitygivingtree.org/get-involved/volunteer-inquiry/
Summary of volunteerism activity:	Sort donations

Address:	572B Main Street Boxford and 2 DeBush Ave, unit 2B Middleton
Parking information:	
Website for organization:	http://communitygivingtree.org/

Volunteer Activity Genre:	Reach out and Read
Best for ages:	Any
Best Contact Person / contact information (phone and email):	Go to website link to sign up at a pediatric waiting room near you
Summary of volunteerism activity:	Organize books and read to children in pediatric waiting rooms
Address:	
Parking information:	
Website for organization:	http://www.reachoutandread.org/resource-center/find-a-program/

Library Passes

Andover Library

- **Cape Ann Museum:** Free admission for two adults and those 18 and under.
- **Children's Museum:** The museum closes at 3PM on Christmas Eve and New Year's Eve. The museum opens at noon on New Year's day. Pass admits 4 visitors. Admission is 1/2 price per person.
- **Currier Museum of Art:** Pass admits 2 General Admission passes to the Museum only.
- **deCordova Sculpture Park and Museum:** Pass admits 4 people at \$5.00 per person.
- **Discovery Museums: Consists of 2 museums:** Science Museum and Children's Museum. Pass admits 3 visitors at 1/2 price (\$6.25) to both museums.
- **Edward M. Kennedy Institute:** Each pass will admit 2 adults for \$7 per person. Massachusetts students under 18 are admitted free.
- **Harvard Art Museums:** The Harvard Art Museums include the Fogg Museum, Busch-Reisinger Museum and the Sackler Museum combined under one roof. Pass admits 2 adults free.

- **Harvard Museum of Natural History:** Limit of 4 visitors per coupon at \$6/person. Visitors must be Massachusetts residents (Please be prepared to show proof of residence or library/network membership)
- **Imagine That:** Pass will admit 3 children at \$3 each and 2 adults free.
- **Institute of Contemporary Art:** This pass will allow 2 people in for \$5 each. Children 17 and under are always free. ICA is free to public on Thursdays nights from 5-9 courtesy of Target.
- **Isabella Stewart Gardner Museum:** Passes admits 4 visitors. Children under 18 are admitted free. \$5 admission charged at the museum for all library pass users.
- **John F. Kennedy Library and Museum:** Pass admits 2 visitors. Children 12 and under are admitted free. Co-pay of \$3 per person due at museum.
- **Massachusetts Parks Pass:** Pass is for day use only and CANNOT be used for camping.
- **Massachusetts Audubon Society:** Pass admits up to 4 people at \$2/person
- **Merrimack Repertory Theatre:** Each pass entitles patron to \$10 off up to 6 tickets for an MRT performance.
- **Museum of Fine Arts:** Pass entitles 2 people to a \$10 admission each. Children 6 and under are free
- **Museum of Science:** Pass admits 4 visitors. A \$10 admission per person is charged at the museum.
- **New England Aquarium:** Pass admits 4 visitors. A \$10 admission is charged each library pass user at the aquarium.
- **Sports Museum:** The Sports Museum pass will allow 6 people to visit the museum free.
- **USS Constitution Museum:** Pass will admit parties of 9 or fewer people free of charge.
- **Zoo New England:** This pass will allow up to 6 admission to either the Stone Zoo or the Franklin Park Zoo at \$9.00/adult and \$6.00/child.

Lawrence Library

- **Boston's Children's Museum:** This pass provides discounted admission for up to four people at 1/2 price admittance
- **Merrimack Repertory Theatre, Lowell:** This pass provides for \$10 off each ticket, limit 6 per performance.
- **Museum of Fine Arts, Boston:** This pass provides discounted admission for up to two people at a cost of \$10.00 each..
- **Imagine That:** This pass admits up to 4 Children at \$3.00 each and 2 Adults for free. A \$10.00 deposit is required when you pick up the pass. The deposit will be refunded when the pass is returned.
- **Museum of Science:** This pass provides discounted admission for up to four people at a cost of \$10.00 each. Admission is for exhibits only.
- **Harvard Museum of Natural History:** This pass provides discounted admission for up to four visitors at a cost of \$4.00 each
- **New England Aquarium:** This pass provides for discounted admission for up to four people at a cost of \$10.00 each

- **DCR MA Park:** This pass provides free parking for one vehicle.(You must leave a deposit of \$10.00 when you borrow the pass.The deposit will be returned to you when you return the pass by the time indicated.)
- **Wheelock Family Theatre:** No Pass needed. Present your Library card at time of reservation or upon pick up of tickets, and you will receive One Free Ticket for each ticket purchased, for a savings of 50%. Friday night performances only.
- **Stone Zoo/Franklin Park Zoo:** This pass provides admission for six people at a cost of \$6.00 per adult and \$4.00 per child.
- **USS Constitution Museum:** This pass provides free admission for nine people. (You must leave a deposit of \$10 when you borrow the pass. The deposit will be returned to you if you return the pass by the time indicated.)
- **Lowell Spinners:** Library patrons may purchase up to six reserved tickets for 1/2 the regular admission price. Voucher must be presented at the ticket office on the day of the game in order to receive the discount.
- **Discovery Museums:** This pass admits (3) people at half price to both museums. (You must leave a deposit of \$10.00 when you borrow the pass. The deposit will be returned to you when you return the pass by the time indicated.)

North Andover Library

- **Boston Children's:** Each pass admits maximum of 4 people. Patrons must pay admission fee of half price per person.
- **Imagine that:** Each pass admits 4 children and 2 adults for FREE.
- **Isabella Stewart Gardner Museum:** Each pass provides up to four (4) adults with \$5.00 admission per person, redeemable at the admission desk. Children under the age of 18 are always admitted free
- **John F. Kennedy Library and Museum:** Each pass is valid for up to two adults, seniors, or students with a \$3 co-pay per person. Admission for children age twelve and under is free.
- **MA State Parks Pass:** Free parking for one vehicle
- **Museum of Science:** \$10 per person admission. 4 people per coupon
- **Museum of Fine Arts:** Each pass admits 2 people at \$10 per person.
- **New England Aquarium:** Each pass admits 4 people at \$10 per person
- **USS Constitution Museum:** Admits 9 individuals for free to USS Constitution Museum.

Ipswich Library

- **Boston By Foot:** Each pass admits up to 4 people Free on any regularly scheduled tour May 1 through November 27.
- **Boston Children's Museum:** Admission fee is HALF PRICE per person, admitting up to four people.
- **Cape Ann Historical Museum:** Each pass admits 2 adults or family of 4 for free.
- **Children's Museum of New Hampshire:** Each pass admits 4 people with a \$4.50 co-pay per person.

- **Edward M. Kennedy Institute:** Each pass admits 2 people with a \$7.00 co-pay per person
- **House of Seven Gables:** Each pass admits 4 at half price.
- **Institute of Contemporary Art:** Each pass admits up to 2 people with a \$5 co-pay per person.
- **Ipswich Museum:** Each pass admits 1 person for free.
- **Isabella Stewart Gardner Museum:** Each pass admits 4 people with a \$5 co-pay per person. Children under 18 are free.
- **John F Kennedy Library & Museum:** Each pass admits 2 people with a \$3.00 co-pay per person.
- **Lowell Spinners:** The pass can be used to purchase up to six tickets at a 50% discount starting at \$3.50 each.
- **Mass Audubon:** Each pass admits up to four people with a \$2.00 co-pay per person. Children under two are free.
- **Museum of Fine Arts:** Each pass admits 2 people with a \$10.00 co-pay per person.
- **Museum of Science:** Each pass admits 4 people with a co-pay of \$10 per person.
- **New England Aquarium:** Each pass admits up to 4 people with a \$10 co-pay per person.
- **State Parks Pass:** Each pass entitles free parking to one carload of visitors.
- **USS Constitution Museum:** Each pass admits up to 9 people for free admission
- **Wenham Museum:** Each pass admits 4 people. Each pass admits four people at half price
- **Zoo New England :** Each pass admits 6 people with a \$9.00 co-pay per adult & a \$6.00 co-pay per child.

Gloucester Library

- **Boston Children's Museum:** Admits up to 4 people at half-price admission.
- **Cape Ann Museum:** This pass admits up to 2 people free of charge
- **Essex Shipbuilding Museum:** Each pass admits up to four adult admissions to regular exhibits and tours of the Essex Shipbuilding Museum.
- **House of Seven Gables:** This pass admits up to 2 adults & 2 children at half price.
- **Isabella Stewart Gardner Museum:** This pass admits up to 4 people at \$5.00 per person.
- **Maritime Gloucester:** This pass admits up to 4 people free of charge.
- **MassParks Pass:** This pass allows for free parking for one car at over 50 day-use facilities in the State park system.
- **Museum of Fine Arts:** The pass admits up to two people at \$10 per person.
- **Museum of Science:** The pass admits up to 4 people at \$10 per person.
- **New England Aquarium:** The pass admits up to 4 people at \$10 per person
- **Sargent House Museum:** This pass admits 2 people for the price of one.

Beverly Library

- **Boston Children's Museum:** Admission is HALF PRICE per person, up to four (4) people
- **Cape Ann Museum:** Pass admits 2 adults at no charge. Children, 18 and under, are free

- **Harvard Art Museum:** Admits 2 adults at no charge. Children under 18 are free.
- **Harvard Museum of Natural History:** Admits 4 visitors at \$6.00 per person to either the Harvard Museum of Natural History or the Peabody Museum of Archeology and Ethnology.
- **House of Seven Gables:** Admits up to 4 half price admissions per day.
- **Institute of Contemporary Art:** Admits 2 people at \$5.00 per person, payable at Museum. 17 years and under admitted free.
- **Isabella Stewart Gardner Museum:** Library pass admits 4 people at \$5.00 per person
- **John F Kennedy Museum:** Admits 2 people at \$3.00 per person, payable at the Museum. Children 12 and under FREE
- **Museum of Fine Arts:** Admits 2 people at \$10.00 per person, payable at the Museum.
- **Museum of Science:** Admits four people at \$10.00 per person
- **New England Aquarium:** Admits 4 people at \$10.00 per person
- **Wenham Museum:** Admission is HALF PRICE per person, up to four (4) people
- **Zoo New England:** Admits 6 people at \$9.00 per adult and \$6.00 per child

Danvers Library

- **Boston Children's Museum:** Paper pass admits 4 people at half the admission cost.
 - **Harvard Art Museums:** Returnable pass admits 2 adults at no charge.
 - **House of the Seven Gables:** Returnable pass admits 4 people at half price, for standard tours only.
 - **Isabella Stewart Gardner Museum:** Paper pass admits four people at \$5 per person.
 - **John F. Kennedy Presidential Library and Museum:** Returnable pass admits 2 at \$3 per person. Children 12 and under free.
 - **Massachusetts State Parks:** Returnable pass provides free parking for one vehicle (excluding buses and vans) for day-use parking in state parks within the MA Dept. of Conservation and Recreation. ParksPass is not valid for Lynch Park in Beverly or Crane's Beach in Ipswich.
 - **Museum of Fine Arts:** The Library has two paper passes that each admit two adults at \$10 per person.
 - **Museum of Science:** Paper pass admits four people at \$10. per person.
 - **New England Aquarium:** Paper pass admits four people at \$10 per person.
 - **USS Constitution Museum:** Returnable pass admits up to 9 people for free admission to the USS Constitution Museum.
 - **Zoo New England:** Paper pass admits six people at \$9 for adults and \$6.
- #### Salem Library
- **Witch House and Pioneer Village:** The pass admits one (1) family.
 - **New England Aquarium:** The pass admits four (4) people and admission is \$10.00.
 - **House of the Seven Gables:** The pass admits two (2) people and admission is HALF PRICE.
 - **Salem Witch Museum:** The pass admits six (6) people. Admission price, with the pass, is \$6.50 for adults/seniors and \$5.00 for children ages 6-18.

- **Wenham Museum:** The pass admits four (4) people and admission is HALF PRICE.
- **Zoo New England:** The pass admits six (6) people at \$9.00 per adult and \$6.00 per child to either the Franklin Park Zoo in Boston or the Stone Zoo in Stoneham
- **Boston Children's Museum:** The pass admits four (4) people and admission is HALF PRICE.
- **Historic New England:** The passes admit two (2) persons and admission is free.
- **Museum of Fine Arts:** The pass admits two (2) people and admission is \$10.00.
- **Museum of Science:** The pass admits four (4) people and admission is \$10.00.
- **Lynn Museum and Historical Society:** The pass admits two (2) people and admission is free.

Peabody Library

- **Isabella Stewart Gardner Museum:** Pass admits 4 people at \$5.00 per person. Children under 18 are admitted free.
- **Lynn Museum & Historical Society:** Pass admits two adults for free. Children 12 and under are always admitted free.
- **Boston Children's Museum:** Admission is Half Price per person, up to 4 people
- **House of Seven Gables:** Pass admits 2 adults and 2 children at half price, for standard tours only
- **Massachusetts State Parks:** Provides free parking for 1 vehicle (excluding buses and vans) for day-use parking in state parks within MA Dept. of Conservation and Recreation.
- **Museum of Fine Arts:** Pass admits 2 people for \$10 per person.
- **Museum of Science:** Pass admits 4 people for \$10 per person
- **New England Aquarium:** Pass admits 4 people for \$10 per person
- **Zoo New England:** Pass admits 6 people to Franklin Park Zoo (Boston) or Stone Zoo (Stoneham). Discounted rate is \$9 per adult; \$6 per child.

Marblehead Library

- **Boston by Foot:** Boston by Foot offers a range of guided walking tours of Boston conducted by trained volunteer guides. There is no charge for any of the regularly scheduled on-going tours. There is charge of \$5.00 per person with the pass for Special "Tours of the Month" and "Holiday Strolls". The pass admits four people.
- **Boston Children's Museum:** The pass admits four people. The pass cost is seven dollars per person at the Museum.
- **deCordova Sculpture Park and Museum:** The charge at the Museum is \$5.00 per person. The pass admits four people and children twelve and under are admitted free.
- **Harvard Art Museum:** The passes admit two adults at no charge and youth under eighteen are free.
- **House of Seven Gables:** The pass admits four people. The charge at the House of the Seven Gables is half of general admission and children up to the age of five are admitted free.
- **Institute of Contemporary Art / Boston:** This coupon pass admits two people.

- **Isabella Stewart Gardner Museum:** This pass admits 4 people on weekdays and weekends. There is a \$5.00 per person charge at the Museum.
- **John F. Kennedy Library & Museum:** The pass admits 2 people. The cost at the Museum is three dollars per person and children under twelve are admitted free.
- **Museum of Fine Arts:** The coupon pass admits two people. The charge at the Museum is ten dollars per person.
- **Museum of Science:** The Pass coupon admits up to four people. There is no charge at the Library and the Museum charges ten dollars per person at the door.
- **New England Aquarium:** The charge at the Aquarium is \$10.00 per person. The coupon admits four people. Children under three are admitted free.
- **Zoo New England:** The pass admits six people. There is no charge at the Library for the pass. The charge at the Zoo with the pass is nine dollars for adults and six dollars for children

Swampscott Library

- Boston Children's Museum Admits 4 people / half price per person
- Einstein's Workshop Admits 2 children. Each child may be accompanied by one adult for no charge.
- Harvard Art Museums Admits 2 people free of charge
- Harvard Museum of Natural History Admits 4 people / \$6.00 charge per person at the door
- House of Seven Gables Admits 2 adults and 2 children half-price per person. NOT VALID IN OCTOBER.
- Institute of Contemporary Art Admits 2 people / \$5.00 charge at the door/ 15 passes per month
- Isabella Stewart Gardner Museum Closed Tuesday / Admits 4 people / \$5.00 charge at the door
- John F. Kennedy Presidential Museum Admits 2 adults / \$3.00 charge at the door
- Lynn Museum Admits 2 people
- Museum of Fine Arts Admits 2 people per pass / \$10.00 charge at the door
- Museum of Science Admits 4 people / \$10.00 charge at the door
- New England Aquarium Admits 4 people for \$10 per person **Per the Aquarium: PASSES ARE FOR SEPTEMBER THROUGH JUNE ONLY.**
- USS Constitution Museum Admits up to 9 people / Free admission
- Zoo New England Admits up to 6 people/ \$9.00 charge per adult, \$4.00 charge per child

Lynn Library

- **Boston Children's Museum:** This pass admits up to 4 people. There is a \$2.00 fee at the Lynn Public Library and a \$7.00 per person admission fee at the museum.
- **Harvard Museum of Natural History:** This pass admits 4 people. There is no fee at the Lynn Public Library. However, there is a \$6.00 per person admission fee at the museum
- **House of Seven Gables:** This pass admits 4 people. There is no fee at the Lynn Public Library. However, there is a \$10.00 refundable deposit. There is a per person admission fee at the museum.

- **Museum of Fine Arts:** This pass admits 2 people. There is a \$2.00 fee at the Lynn Public Library and a \$10.00 admission fee per person at the museum.
- **New England Aquarium:** This pass admits up to four people. There is no fee due at the Lynn Public Library, however, there is an \$10.00 admission fee per person at the Aquarium.
- **Salem Witch Museum:** This pass admits six people. Children age 5 and under are admitted free. There is no fee at the Lynn Public Library, however, we do require a \$10.00 refundable deposit. There is a \$6.50 admission fee per adult and a \$5.00 per child at the museum.
- **USS Constitution Museum:** This pass admits up to 9 people. There is no fee at the Lynn Public Library, however there is a \$5.00 refundable deposit.
- **Zoo New England:** This pass is good for both the **Franklin Park Zoo** and the **Stone Zoo** and admits up to six people. There is a \$2.00 fee at the Lynn Public Library. *Zoo New England will charge \$9.00 per adult and \$6.00 per child at the gate.*

Hiking

Location	Description	Parking Cost
Breakheart Reservation, Saugus	640-acre hardwood forest with jagged, rocky outcroppings, two fresh-water lakes, and a rambling section of the Saugus River.	
Harold Parker State Forest, North Andover	Recreational opportunities include hiking, mountain biking, fishing, hunting, horseback riding, camping and picnicking.	\$8/Car
Bradley Palmer State Park, Topsfield	This 721-acre former estate features pine needled paths, acres of sunny rolling meadows and spectacular rhododendrons which line old carriage roads, Wading pool.	\$5/Car
Georgetown-Rowley State Forest, Georgetown	This 1,112 acre forest offers a variety of year-round activities including horseback riding, hiking, walking, hunting (some restrictions), cross-country skiing, and snowmobiling.	
Lawrence Heritage State Park	Tennis, basketball, street hockey courts; wooded walking trails; children's play area and a sledding hill.	
Maudslay State Park, Newburyport	An exquisite place for walking, biking, horseback riding and informal picnics.	\$5/Car
Middlesex Fells Reservation, Melrose	Suitable terrain for hikers, mountain	

	bikers, horseback riders, rock climbers, cross-country skiers and picnickers	
--	--	--

Bowling

Alley	Location	Price
Sunnyside	Danvers	\$4.85/game
Lynnway Sports Center	Lynn	\$4.50/game
Cape Ann Lanes	Gloucester	\$4.75/game
Metro Bowl	Peabody	\$4.60/game
Kings	Lynnfield	\$8/game

Yoga

Studio	Location	Price
Green Tea Yoga	Salem	\$15
Yoga Sakti	Salem	\$18
Play Yoga	Peabody	\$17
HotCore Yoga	Beverly	\$20
Flow Yoga Studio	Peabody	\$16
Empower Yoga Studio	Beverly	\$12
Soul City Yoga	Lynn	\$16
Prema Power Yoga	Marblehead	\$16
Bikram Yoga North Shore	Swampscott	\$15
Barefoot Yoga Shala	Middleton	\$17
Home Yoga	Andover	\$17
Trident Yoga	Gloucester	\$15

Mini Golf

Course	Location	Price
Castle Creek	Salem	Adult \$11 Kid \$9
Richardson's	Middleton	Adult \$8 Kid \$6
Paradise	Middleton	Adult \$8 Kid \$6

Escape Room

Place	Location	Description	Cost
-------	----------	-------------	------

Boda Borg	Malden	Guests are transported into a real-world gaming environment; an experience we call Questing.	\$20 for 2 hours
Wicked Escapes	Saugus	With a focus on movie-quality narrative, Hollywood style sets and props, and immersive lights	\$30 for 2 hours \$20 for half hour
Escape Room	Salem	embark on an adventure, discovering clues and solving the secret puzzles of the rooms.	\$24 for 1 hour

Miscellaneous

Place	Location	Cost
Willows Arcade	Salem	
Laser Quest	Danvers	\$10/game
Laser Craze	North Andover	\$15/game
Roller World	Saugus	\$7.50
Roller Palace	Beverly	\$8
James McVann Skating Rink	Peabody	\$5/admission \$7/skate
Bonkers Arcade	Peabody	
Castle- Board game café	Beverly	\$5/person

WEIRD but **FUN** Museums & Attractions in your Area!

Boston Area:

[Charles Williams Jr. House](#)

In 1875, Charles Williams, Jr. was a successful businessman who manufactured telegraph instruments. He would shortly become a different kind of manufacturer and an even more successful businessman. In June of that year, Alexander Graham Bell and his assistant Thomas A. Watson - who had been using Williams' shop on Court Street to experiment with a device called a telephone - would succeed in transmitting sound for the first time. Williams bought the house at 1 Arlington Street in Somerville a year later. The first permanent residential telephone line in the world was installed in the home in 1877 and connected the Williams home to his shop in Boston. These would be numbers 1 and 2 in the Bell Telephone Company network.

[The Dutch House](#)

Just past some fairly ordinary single-family houses and apartment blocks sits a building that would look far more at home in a well-preserved section of Amsterdam than it does in its Boston suburb. This is the so-called "Dutch House," a whimsical, but convincing copy of a 16th century Dutch town hall (the 1591 Franeker Town Hall in Friesland, to be exact), now residing at 20 Netherlands Road in Brookline, Massachusetts.

[Larz Anderson Auto Museum \(Brookline\)](#)

See America's oldest car collection spawned from a Sunday tradition started by wealthy socialites Larz and Isabel Anderson at their Brookline, MA home. The Andersons opened their doors to their spectacular Carriage House on Sunday afternoons to share their collection of American and European vehicles. The collection began with an 1899 Winton 4-hp Runabout and grew until 1948. The Andersons purchased an automobile nearly every year, acquiring 32 brand new motorcars, 14 of which remain in the museum's collection, alongside horse-drawn carriages.

[Fruitlands Museum \(Harvard\)](#)

Fruitlands Museum is home to four historic buildings of art and history including Bronson Alcott's Fruitlands farmhouse, the country's first Shaker Museum, the Native American Museum and the Art Gallery. The museum is sited on 210 sprawling acres with a spectacular view shed. Take a snack break at Fruitlands Museum Café, shop at the Museum Store or hike along 2.5 miles of walking trails.

[Burnt Food Museum \(Arlington\)](#)

In the late 1980s, Deborah Henson-Conant, the curator of this museum heated and scalded hot apple cider, which became the inspiration for its opening. Explore exhibits like "Thrice Baked Potato" or "Why Sure, You Can Bake Quiche in the Microwave." Rather than scolding yourself for burning your dinner, celebrate it as the museum does.

[Warren Anatomical Museum at the Francis A. Countway Library of Medicine](#)

The Warren Anatomical Museum is named after Dr. John Collins Warren, who provided the core collection in 1847. It included the anatomical preservations that he used to teach and study anatomy. The museum's current collection includes an ether inhaler, the skull of Phineas Gage, whose head injuries and survival were famous, numerous skeletons and preserved bits of people, both normal and deformed. This is not a museum for the faint of heart, but is a must-see for students of medicine and lovers of the macabre. Located in the Francis A. Countway Library of Medicine at 10 Shattuck St. in Boston, MA. Call (617) 432-6196 for more information!

[Boston Athenæum](#)

The Boston Athenæum itself is only as weird as any library, which is pretty darn weird considering the things visitors read in books. However, what really makes this particular library and museum strange is a piece that belongs in a horror film. This is the James Allen book of skin. The skin on this biography belonged to its subject — a death row prisoner. His dying wish was this book bound in his own flesh. Located at 10 ½ Beacon St. in Boston, MA. Call (617) 227-0270

[Museum of the Ancient and Honorable Artillery Company of Massachusetts](#)

The Museum of the Ancient and Honorable Artillery Company of Massachusetts is a great place for lovers of military memorabilia. Visitors will find weapons, regalia, uniforms and more. This is not very weird, but it is weird that the museum is hidden at the top of Faneuil Hall in one of the busiest places in Boston. Guests of the hall usually miss the final staircase to the museum and miss the museum, but it is there and is not as busy as the rest of the building if you are looking to sneak away from the crowd. Located on the 4th floor of Faneuil Hall at 1 Faneuil Hall Square in Boston. Please call (617) 227-1638 for more information.

North Shore & Cape Ann:

[The Greasy Pole at St. Peter's Fiesta](#)

Harkening back to traditions belonging to their forefathers, Gloucester's Italian-American community incorporated the boisterous tradition of the Greasy Pole into more pious aspects of St. Peter's feast day celebrations early on, and it continues to be the Fiesta's biggest draw. According to longstanding tradition, scores of men ranging in age from teens to community elders seek to navigate a 200-yard pole extending from a pier, at heights up to 25 feet above the surface of the ocean, in order to capture a red or Italian flag (depending) at the end without falling into the water below. The pole itself is lubed with everything slippery known to mankind, ranging from axle grease to tabasco sauce, banana peels to straight oil.

[Rebecca Nurse Homestead and Graveyard](#)

Not far from the popular Salem Village Witchcraft Victims Memorial, the Rebecca Nurse Homestead and Graveyard stands as a memorial to the hardships of 17th century life in the province of Massachusetts Bay. A favorite destination for school

field trips, the historical preservation site boasts a traditional barn, a salt-box-style home and other outbuildings. However, a trail behind the buildings leads to a memorial to the dark history that made this region famous. On the western edge of the property, nestled in a copse of trees, a large monument sits directly over the remains of witch trials victim, Rebecca Nurse. In 1692, the 71-year-old mother of eight was accused of practicing witchcraft by the local Putnam family with whom the Nurses had had a series of land disputes. A jury found Nurse not guilty, but when the judge asked them to reconsider, she was sentenced to death.

[The Redstone School House](#)

Mary Had A Little Lamb is one of the most famous nursery rhymes of all time, and supposedly its frivolous lyrics can be traced back to this 18th century schoolhouse, which was moved from its original location in order to preserve it. Built sometime in the late 1700s, the tiny, one-room schoolhouse was in use from 1798 up until 1927, when it was finally closed (for the first time). The little schoolhouse takes its name from its original location, as opposed to its color, having been located on Redstone Hill in Sterling, Massachusetts.

[New England Pirate Museum](#)

Explore a pirate ship, discover hidden treasures, and come face to face with swashbucklers as you wind your way through a dark cave. This Salem museum offers interactive exploration of 17th and 18th century New England pirates like Blackbeard and Captain Kidd. Located at 274 Derby St. in Salem, MA. Call (978) 741-2800 for more information!

[Paper House- Rockport, Massachusetts](#)

The Stenman family layered and glued and rolled approximately 100,000 newspapers to make this full-sized home in 1929. Even the furniture is made out of paper. No smoking, please. Located at 52 Pigeon Hill St. in Rockport, MA. For more information, please call (978) 546-2629

[Beaumont, the Sleeper-McCann House](#)

Beaumont was declared a National Historic Landmark in 2003, in recognition for its distinctive architecture, its unique collection of artifacts and for its association for Sleeper, whose design influence extended across the wealthy elite of the eastern United States. Beaumont, the Sleeper-McCann House, was the summer home of one of America's first professional interior designers, Henry Davis Sleeper. Perched on a rock ledge overlooking Gloucester Harbor, Beaumont became Sleeper's retreat, backdrop for entertaining, professional showcase, and an inspiration to all who visited. After Sleeper's death, Beaumont was purchased by Mr. and Mrs. Charles McCann, who left most of Sleeper's arrangements and collections intact. Located at 75 Eastern Point Blvd. in Gloucester, MA. Please call (978) 283-0800 for more information.

[Cape Ann Museum](#)

The Cape Ann Museum is located at 27 Pleasant Street in the heart of downtown Gloucester, Massachusetts, America's oldest fishing port. Cape Ann, which lies just north of Boston and includes the city of Gloucester and the towns of Rockport, Manchester and Essex, has been a leading center for artists since the 18th century, a maritime powerhouse and the source of granite for many major building projects up and down the East Coast. The Cape Ann Museum houses the largest collection of work by native son and renowned marine artist, Fitz Henry Lane, as well as work by other prominent painters and sculptors who lived on, visited or were inspired by Cape Ann. The work of contemporary Cape Ann artists is also collected and exhibited. The permanent collection includes fine and decorative arts, and artifacts from the major industries of the area - the fisheries and granite quarrying. In addition to its exhibition galleries, the Museum's facilities include an auditorium, library/archives, a children's activity center, two sculpture gardens and two historic homes. A rotating schedule of special exhibitions, related lectures, programs, guided tours and events is offered throughout the year. Located at 27 Pleasant St. in Gloucester. Please call (978) 283-0455 for more information.

Hammond Castle

Home and laboratory of inventor John Hays Hammond, Jr., features collection of Roman, medieval, and Renaissance artifacts, and exhibits about his life and inventions. John Hays Hammond, Jr. built his medieval-style castle between the years 1926 and 1929 to serve both as his home and as a backdrop for his collection of Roman, medieval, and Renaissance artifacts. The castle was constructed as a wedding present for his wife Irene Fenton Hammond to prove how much he cared for her. In addition, the building housed the Hammond Research Corporation, from which Dr. Hammond produced over 400 patents and the ideas for over 800 inventions. His most important work was the development of remote control via radio waves, which earned him the title, "The Father of Remote Control." Visitors to Hammond Castle Museum are welcome to explore the castle on a self-guided tour of many rooms, including the great hall, indoor courtyard, Renaissance dining room, two guest bedrooms, the inventions exhibit room, the library, the War room, the kitchens, the Natalie Hays Hammond exhibit room, servants quarters, as well as several smaller rooms and passage ways including a secret passageway. The museum offices are occupied year round Tuesdays thru Saturdays from 10 AM to 4 PM. To reach someone please phone 978-283-2080, and if we do not answer please leave a verbal message including your name and phone number. We will call you back as soon as we can.

Merrimack Valley Area:

Collings Foundation

A private non-profit, the Collings Foundation acts as organizers and supporters of transportation-related "living history," which they describe on their website as "the preservation, exhibition and interaction of historical artifacts that enable Americans to learn more about their heritage through direct participation." The organization has headquarters with an airfield and a small museum in Stow,

Massachusetts, but take two touring collections of historic military aircraft around the country.

Free Museums in Boston

- Davis Museum at Wellesley College
 - Displays paintings, sculptures, photographs and more is free daily.
 - Located at 106 Central St, Wellesley. Open Tuesday-Sunday, 11am-5pm
- The Institute of Contemporary Art
 - Free from 5-9pm on Thursdays (Savings of \$15)
- The MIT Museum
 - Free the last Sunday of the month from September-June (Savings of \$10)
 - 265 Massachusetts Ave, Cambridge
 - Always free for Teachers
- Isabelle Stewart Gardner Museum
 - Youth under 18 are always free
- The Peabody Museum of Archaeology and Ethnology at Harvard University
 - Free to Massachusetts residents every Sunday morning 9-noon
 - Proof of Residency is required
 - Always free for Teachers

Summer is full of great ways to get outside!
 Picking your own fresh fruits is one of them! P.Y.O.
 Info Below!

<p style="text-align: center;">Russell Orchards 143 Argilla Rd. Ipswich, MA Strawberries- June Raspberries- June to July Currants- July to August Blueberries- July to August Blackberries- July to August Apples- September to October Open 7:00-7:00 June-August</p>	<p style="text-align: center;">Brooksby Farm 54 Felton St. Peabody, MA Raspberries- July 8 Tues/Sun 9-3 Blueberries- Limited times, call ahead Peaches- Aug 15-30 from 9-3 Open from 10:00- 3:00 then 9:00- 5:00 beginning July 7</p>
<p style="text-align: center;">Cider Hill Farm 45 Fern Ave. Amesbury, MA Strawberries- expected in June</p>	<p style="text-align: center;">Marini Farm 259 Linebrook Rd. Ipswich, MA</p>

<p>Blueberries- late June, early July</p> <p>Open 8:00-6:00</p>	<p>Strawberry Festival June 18 from 10:00- 5:00 Pick your own strawberries, hayrides, inflatables, and much more! Open daily from 8:30- 6:30</p>
<p>Smolak Farms 494 Ipswich Rd. Boxford, MA Strawberry picking is \$3.99/ lb Raspberries Sweet and Tart Cherries Peaches and Plums Open daily from 7:00-5:00</p>	<p>Boston Hill Farm 1370 Turnpike St. N. Andover, MA Strawberries- mid June- early July Blueberries- mid July- end August Raspberries- mid July- mid August Peaches- mid August- early Sept. Open 7 days/ week from 9- 6</p>

Farmers Market

[The Farm Market at Mill No. 5 Year-Round Market 2017](#)

250 Jackson Street (4th floor) Lowell, MA Phone: 978-656-1828

Twenty local farmers and artisanal food producers sell fruit, vegetables, meat, cheese, snacks, baked goods, etc. Local musicians perform live from 11 a.m.-2 p.m. each week. Special workshops and events are scheduled. Email: emma@millno5.com

Dates & Hours in 2017: Sundays; 11 a.m.-3 p.m.

[Chelmsford Farmers Market 2017](#)

The Common, Academy and Westford streets Chelmsford, MA Phone: 978-256-3270

Three local farms at this market offer fresh local seasonal produce. Also: bakers, crafts and more. Use [Facebook](#) to keep up to date with market news. Email: Chelmsfordfarmersmarket@gmail.com

Dates and Hours: June 15 to September 28 on Thursdays, 2-6:30 p.m.

[Andover Farmers Market 2017](#)

Amos Blanchard House and Barn, 97 Main Street Andover, MA Phone: 978-475-2236

This market is a purveyor of fresh and locally produced fruits, vegetables, flowers, breads, pies, cookies, herbs, and more. Discover all the tastes of New England!

Dates and Hours: June 24-October 21 on Saturdays, 10 a.m.-2 p.m.

[Beverly Farmers Market 2017](#)

Veterans Memorial Park, 150 Rantoul Street and Railroad Avenue Beverly, MA Phone: 978-473-9891

Vendors at the Beverly Farmers Market provide fresh vegetables and herbs, specialty Asian vegetables and herbs, fruits, flowers, honey and sauces, seafood, gourmet organic dog treats, ceramic art, local woodcraft, massage and music. This is a beautiful market in a child friendly, dog friendly, picnic friendly park.

Dates and Hours: June 12 to October 2, Mondays, 3-7 p.m., except July 3 and Labor Day.

[Marblehead Farmers Market 2017](#)

Marblehead Veterans Middle School, 217 Pleasant Street (enter from Vine Street) Marblehead, MA, 01945

Vendors at this market specialize in fresh fruits and vegetables, cheese, local honey and a variety of hand-crafted products like pottery, handbags, fine art, jewelry and much more. Find a souvenir for your New England vacation here!

Dates and Hours: June 3-November 18 on Saturdays, 9 a.m.-noon

[Salem \(MA\) Farmers Market 2016](#)

Derby Square, Front Street Salem, MA Phone: 978-744-0004

This market features more than just fresh local food; vendors of crafts, baby clothing, jewelry, scarves, baskets, and glass will be on site as well. 2010 will

feature at least ten farms, including a new creamery from New Hampshire, preserves and cheese from a Vermont farm, and Asian vegetables. The lobsters will be back, as will some favorite farms from the region selling the freshest local produce. Thursdays 3-7pm.

[Danvers Farmers Market](#)

The Danvers Farmers Market has fresh fruit produce and other locally made foods every Wednesday June through August in the heart of Danvers Massachusetts. Come visit to see our array of local and regional vendors. This community building program is sponsored by the [Danvers Rotary](#).

When: Wednesdays, June 7 - August 30, 2017 4-7pm

Location: [Danvers Farmers Market](#)

Greater Boston Winter Fun

[Featherland Ice Skating Rink](#), Sudbury, Free

Featherland Ice Skating rink is glassy and ready for skaters. Bring the family down to Featherland Park (491 Concord Rd.) to enjoy this fun winter activity together. There are no set hours, so you can skate at anytime. The area will be lit from 4-11 p.m. each night. Remember that the use of the ice skating rink is at your own risk. Ice is not checked during winter storms. Clean-ups will be done by Park staff as time allows. Staff must work on snow removal on roads and tree repairs first. If you have any questions, call at 978-443-1092.

[Rotunda Rink at Boston Harbor Hotel](#), Boston, \$\$

Spend winter days and nights enjoying the food, drink, merriment, and spectacle of the Boston Harbor Hotel's Winter on the Wharf, a season of festivities anchored by the new Rotunda Rink. Breathtaking views and a playful atmosphere have come together at the Boston Harbor Hotel's approximately 2,500 square foot (80 ft. by 30 ft.) Rotunda Rink to create a luxury winter retreat. Made with real ice, the Rotunda Rink can accommodate up to 75 skaters.

[Rye Airfield Indoor Skate Park](#), New Hampshire, \$\$

Rye Airfield is New England's premiere indoor skate park. The year-round 50,000 square foot indoor facility has everything you've dreamed about riding or skating, all under one roof. Built on a former landing strip, Rye Airfield is a non-profit organization. The project started with the community in mind to give youth a place to skateboard, blade and bike. Rye Airfield rents pads & helmets and skateboards,

inline skates and MirraCo BMX bikes. **Features** Check the website for photos and maps of skate areas like the Proving Ground, the Flow Unit, Micro, the Gap Ledges and the New Flow park With the exception of the concrete pools, bikes have access to the whole park during every single session. Session Costs \$12/non-members; \$14 on weekends and during holiday/vacation periods \$10/members. Day Passes \$30 /non-members; \$33 on weekends & during holiday/vacation periods \$25 for members. Memberships & other passes available. Viewing is always free.

[Mass. Ski & Snowboard Club](#), **New England**, \$\$

Every Winter Saturday, Mass. Ski & Snowboard Club takes youngsters between ages 9 and 18 to the slopes. Parents are always welcome.

[Boston Area Ice Skating Rinks \(& Beyond\)](#), **Boston**

Ice skating is a great winter activity for people of all ages and abilities. Many ice skating rinks have skate rentals and snack concessions. ...

[Amesbury Sports Park Snowtubing](#), **Amesbury**, \$\$

Amesbury Sports Park is New England's first snowtubing park. They make snow, and have a conveyor belt lift and a tow lift service the hill to...

[Brooksby Farm](#), **Peabody**

Pick your own seasonal fruits year round, apples & a variety of berries. Cut Xmas trees in winter, ice skate or x-country ski. Feed barn animals.

[Ravenswood Park](#), **Gloucester**, Free

Long treasured by residents of Gloucester and neighboring towns, Ravenswood Park offers a tranquil wooded setting for walking, cross-country skiing, or snowshoeing along almost ten miles of trails...

[DCR Ice Skating Rinks in MA](#), **Massachusetts**, \$

Ice skating is a great winter activity for people of all ages and abilities. Many ice skating rinks have skate rentals and snack concessions.

[Roller World](#), **Saugus**, \$

Lots of skating hours, plus birthday parties and more at Roller World in Saugus.

[Navin Ice Skating Rink](#), **Marlborough**, \$

The Navin arena is a full service skating facility offering an extensive variety of skating programs, including public skating & skate rentals for all ages and abilities.

[McVann O'Keefe Memorial Skating Rink](#), **Peabody**, \$

Learn to skate or just have fun at Peabody's McVann O'Keefe Memorial Skating Rink, just off Route 1.

[Odiorne Point State Park](#), **New Hampshire**, \$

Odiorne Point, the largest undeveloped stretch of shore on New Hampshire's 18-mile coast, offers lots of fun for nature-lovers: picknicking, boating, fishing, hiking, biking, nature walking,...

[Burlington Ice Palace](#), **Burlington**, \$

The Burlington Ice Palace is a full service skating facility offering an extensive variety of skating programs for all ages and abilities.

Online Resources

Children’s Friends Volunteer Youth Mentoring Page

Please check for important program events and ongoing community activities with a “living” calendar

<http://childrensfriend.net/services/youth-mentoring/>

National Mentoring Support and Resource Site

Want to know more about the national mentor movement and the research behind the effectiveness of mentoring? Visit this site!

<http://www.mentoring.org/>

Mass Mentoring Partnership’s Massachusetts Mentors Activity Handbook

Our Massachusetts partner agency provides excellent support for mentors with recommendations of activities.

<http://www.massmentors.org/match-activities>

MENTOR

Mentor, a National Mentoring Organization released a resource report discussing the importance of a mentor in a young person’s life.

http://www.mentoring.org/downloads/mentoring_382.pdf

North Shore Kids Website

Great website for updates on events, interesting places to go, and new ideas to spice up your activities.

<http://northshorekid.com/>

The Center for Evidenced-Based Mentoring

An online information center alliance between the Mentor/National Mentoring Partnership and the University of Massachusetts, Boston.

<http://umbmentoring.org/resources/resources.html>

MassVacations

Explore Massachusetts Outdoors with ideas from this handy site

<http://www.massvacation.com/expand/outdoors/>

Ten Free things to do in Salem, MA

Ten suggestions of free activities for you and your mentee!

<http://salem.org/ten-free>

Program Membership**Children's Friend & Family Services Mentoring Partnership with Mass Mentoring**

Our program maintains a Quality Based Membership with the Mass Mentoring Partnership, a statewide mentoring leadership organization. Mass Mentoring Partnership's (MMP) Quality-Based Membership initiative (QBM), launched in 2009, is a first-in-the-nation process created to promote high-quality best practices among Massachusetts youth mentoring programs. As an Associate Partner, we have the benefit of receiving a Highland Street AmeriCorps Ambassador of Mentoring which is a benefit to our program.

Museum and Special Events

The Youth Mentoring program is actively seeking additional opportunities and passes for matches to enjoy new experiences together. As these resources become available, you will be notified.

**Children's Friend and Family
Services**

Youth Mentoring Program

Samantha Alves, LCSW, MSW
Director of Youth Mentoring
110 Boston St
Salem, MA 01970

Email salves@childrensfriend.net
Phone (978) 744-7905x1528
Fax (978) 740-9145